

**Gordon Robb** 

**Director** 

**VR Growth** 

# Communication

## Communication

Bridging Generational Communication Gaps

#### What I want to do in 45 mins

# I'm going to change everything!

#### What I want to do in 45 mins

Open the door for 'you' to work on changing everything

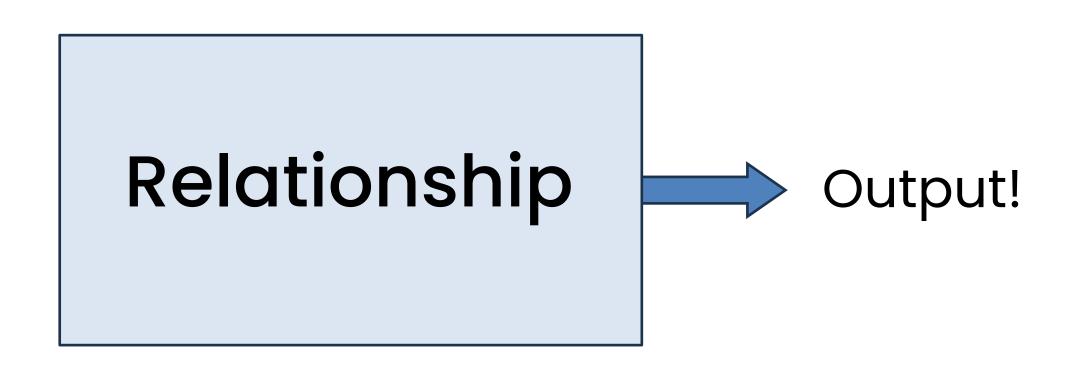
- Realising the complexity of what's going on
- Understanding what can cause problems
- Helping you know when to challenge your thinking

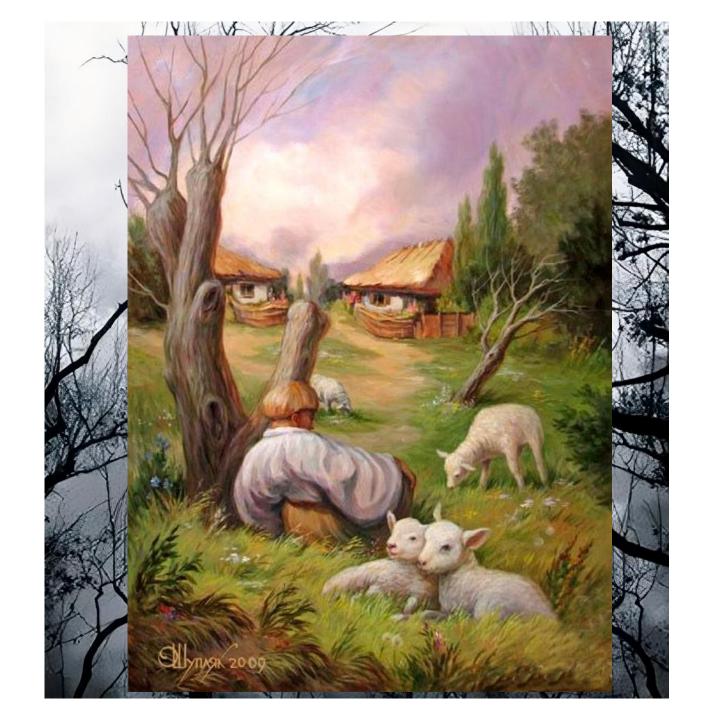
#### Who am I?

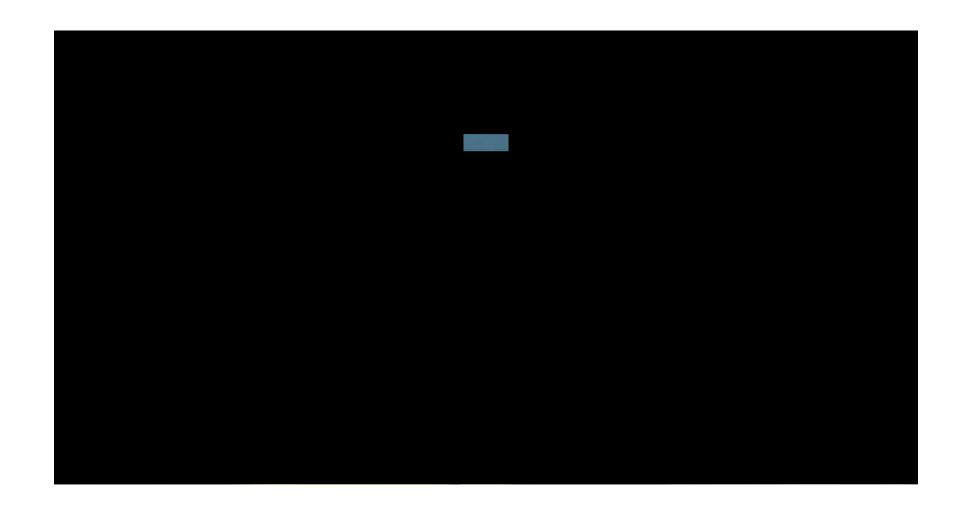
- Gordon Robb
- Over 30 years experience in the field of personal effectiveness
- 18 countries
- Learning in areas such
  - Communication
  - Leadership
  - Facilitation
  - Team Building
  - Phycology
  - Neuro Linguistic Programming
  - Executive and Personal Coaching

Write down everything that can be an issue between people of different generations in the workplace (that could have an impact on communication)

#### What do we want?







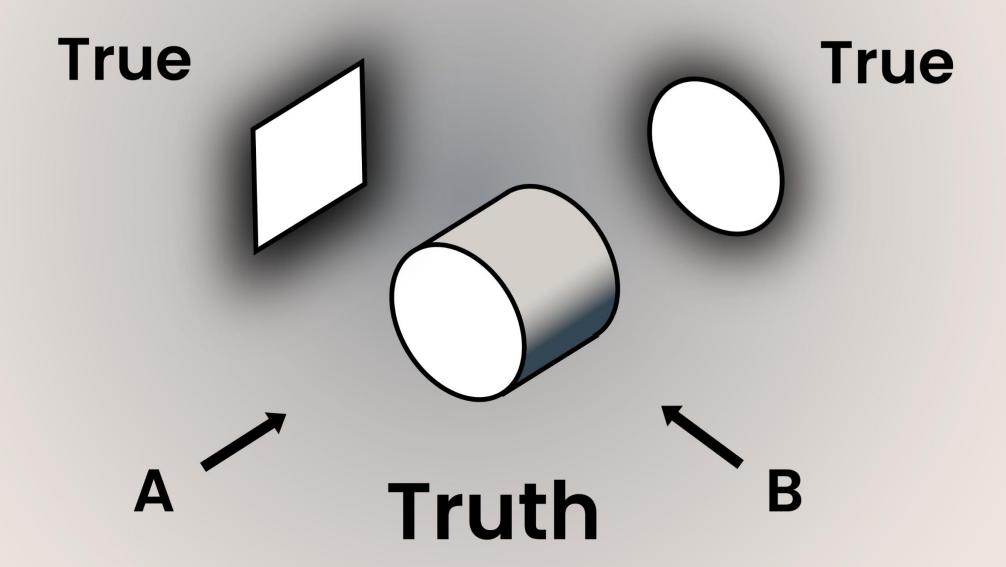


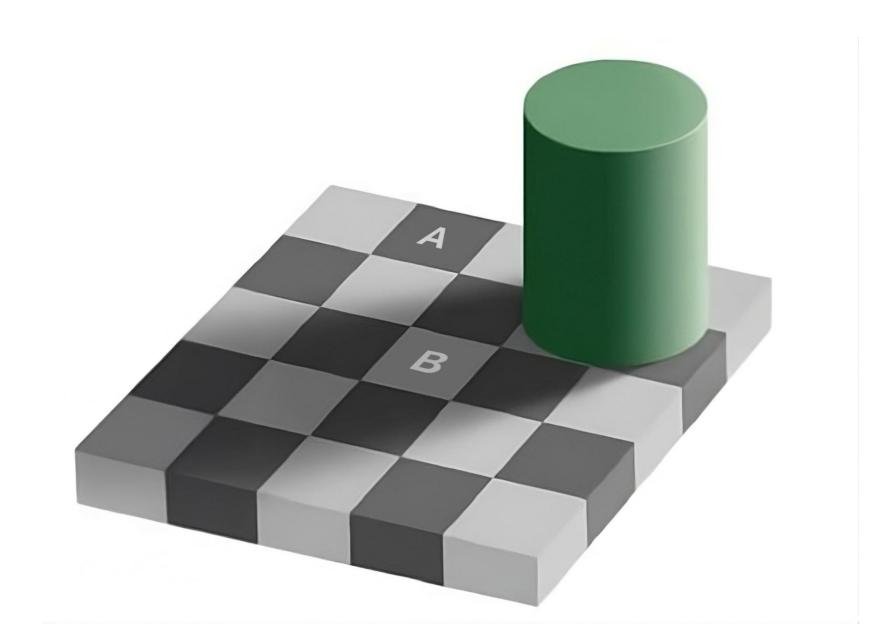
#### What does this mean?

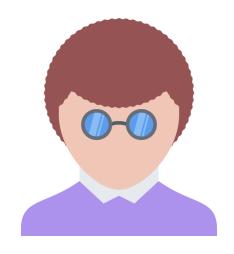
- Our brain can make us see things that are not there
- Our brain can stop us seeing things that are there

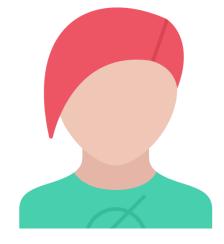
or

- Our brain creates the reality we see.
- Often, it's the same as actual reality, but sometimes, it's not.





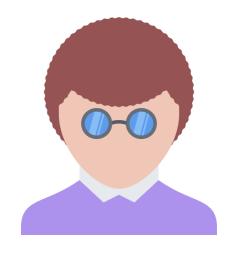




Message

Said

Said







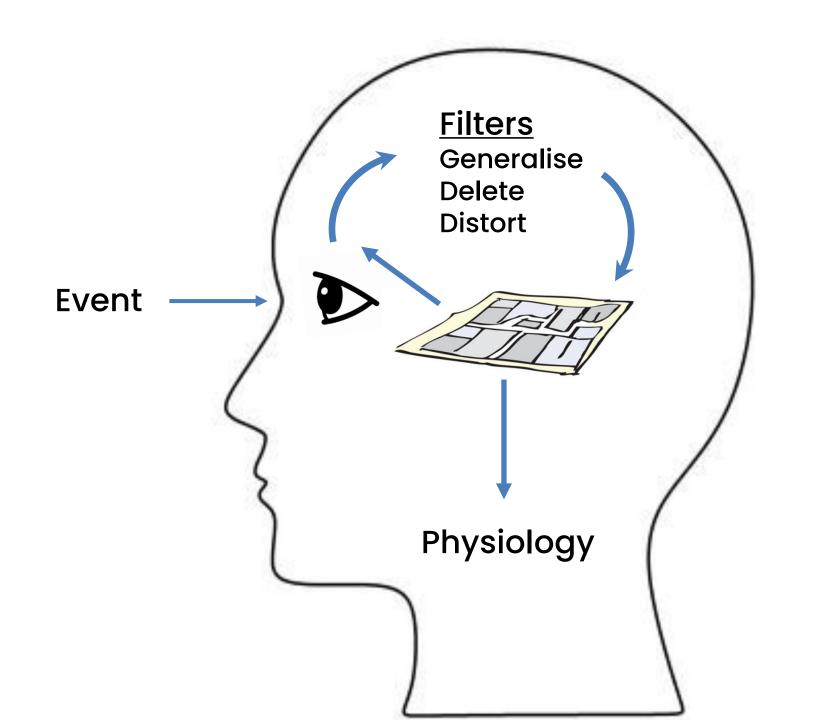


Said

Interpretation

#### **Communication Process**

Sender Receiver Volum Ears Vocab Person **Opinions Opinions** Content Context Beliefs **Beliefs** Values Values Thought Meaning



### What annoys us?

The things people think, say or do?

- Think we rarely know what people think
- Say we distort what we hear people say
- Do we distort what we see people do

It's the reason people think, do are say things, that annoys us!

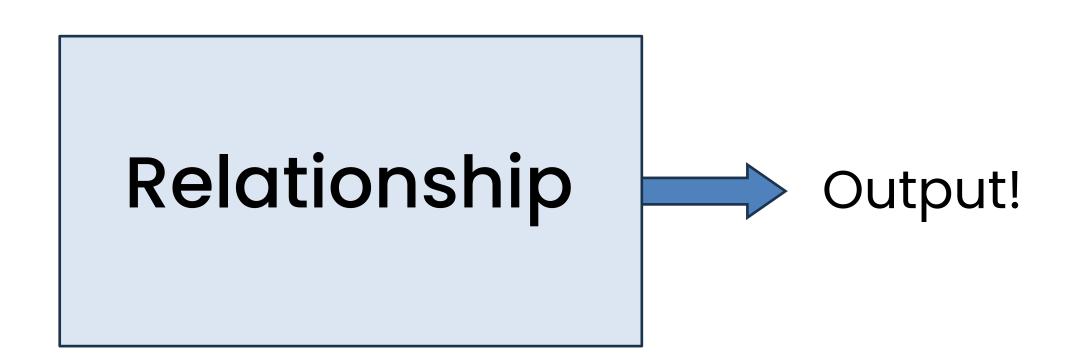
We make this up!

#### What do we do?

- Work on identifying people you have a problem with
- Work on understanding what you think of those people
- · Work on changing what you think of those people
- Work on understanding why people say, do or think things

Work on Building Relationships!

#### What do we want?



# Questions!